



KNOW THE DIFFERENCE

COMMERCIAL TOBACCO

Commercial tobacco is mass produced and synthesized with preservatives and other harsh chemicals.

Big Tobacco companies try and advertise their products to Native Americans as "traditional" or "sacred" by putting things like headdresses on their packaging

Smokers inhale everything that is burned. The tobacco filler, paper, chemicals... everything.

Cigarette butts are non-biodegradable. They release toxins into the environment and can accidentally be eaten by animals or babies. They may also cause wildfires if lit.

PÁAVIVAT OR PÍIVAT



There are multiple tobacco plants native to Payómkawichum land. One of them is Coyote Tobacco

Traditional tobacco is pure and not mass produced with other chemicals.

People use native tobacco to give prayers or offerings. They smoke the sacred pipe and make prayer ties

History: During girls' puberty ceremonies, the girls ate tobacco leaves with water and ashes to protect them if they accidentally ate the forbidden foods during the rest of the months long ceremony.



<-- Here's one of many sources talking about girls' puberty ceremonies